

10. Have you ever practiced naked yoga?

11. Do you have any health concerns we should be aware of?

12. While knowing that the true benefit of Yoga only comes with time and not just from one yoga session, is it your intention to make this a continuing practice or just to “try it out?”

13. What is your sexual orientation? (no right or wrong answer here either)

14. How did you hear about DNY4M?

15. Do you have a picture of yourself?

If so, please email it. (Send it in a Gif or jpeg format).

Thank you for answering these questions. You will receive information about class location and directions after this form has been reviewed.

[About us](#)

DNY4M is a private, member’s only group for men interested in the practice of yoga without the restrictions of clothing. Our goal is to provide an opportunity for real male community and holistic social interaction between supportive, centered individuals who enjoy the company of other naked men. We strive to provide an atmosphere of comradery, body-acceptance, and sensuality (not sexuality). Although sensuality is an intrinsic part of this group practice, it should be clear that this is not intended to be a blatantly sexual venue.

DNY4M is open to adult men of all ages and body types. You don’t have to have a perfect body to join and attend our classes--it’s not about that. You should be in good health and seriously interested in the pursuit of the yoga (union of mind body and spirit). Some sessions can be physically demanding. It should be clear that IT IS NOT for those who are in need of serious physical rehabilitation or those who just want to come and admire. Our group is for active, healthy, fitness-oriented men who take care of themselves and their bodies. IT IS NOT A

HAVEN FOR PASSIVE VOYEURS.

Although predominantly gay, all men are welcomed--gay, bi or straight. Diversity among members only adds to the dimension of this group of men, leading to a richer yoga experience. DNY4M will help you explore all aspects of yogic life. You will increase core strength and discover new muscles. You will expand your understanding of your physical, sexual and spiritual dimensions. In time, DNY4M may even expand your consciousness.

Please note that all classes are naked at this time and being nude is mandatory with no exceptions.

As DNY4M has membership only sessions, if you would like to come to DNY4M and be a part of our sessions, please answer the following questions. You may respond to this email by cutting and pasting this text into a new email and sending it back to dallasnakedyogis@dallasnakedyoga4men.net. Please type your answers in between the questions. Once these questions have been answered, you will receive the information regarding DNY4M sessions, the times, dates and location of classes.

--DNY4M